

# THIRD TRIMESTER MILESTONES

Weeks 28 - 40+

Due Date: \_\_\_\_\_

Provider: \_\_\_\_\_

WEEK	APPOINTMENT FOCUS	VITALS & PERSONAL NOTES
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<b>28 - 30</b>	Glucose Screening  Rh Immune Globulin (if needed)  Tdap Vaccination	
<b>32 - 34</b>	Fetal Positioning Check  Discuss Birth Plan  Preterm Labor Signs Review	
<b>36</b>	Group B Strep (GBS) Swab  Confirm Hospital Logistics  Weekly Visits Begin	
<b>38 - 39</b>	Cervical Check (Optional)	

WEEK	APPOINTMENT FOCUS	VITALS & PERSONAL NOTES
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	Monitor Blood Pressure	
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	Kick Count Review	
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<b>40+</b>	Biophysical Profile (BPP)	
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	Non-Stress Test (NST)	
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	Induction Discussion	
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This chart is for informational purposes only. Always follow your healthcare provider's specific guidance.