

LAB REFERENCE RANGES

Standard Adult Reference Intervals Template Version: 2024.1

Test Component	Reference Range	Units
Complete Blood Count (CBC)		
Hemoglobin (Male)	13.5 - 17.5	g/dL
Hemoglobin (Female)	12.0 - 15.5	g/dL
White Blood Cell (WBC)	4,500 - 11,000	mCL
Platelets	150,000 - 450,000	mCL
Metabolic Panel		
Glucose (Fasting)	70 - 99	mg/dL
Creatinine	0.7 - 1.3	mg/dL
Sodium	135 - 145	mEq/L
Potassium	3.5 - 5.0	mEq/L
Lipid Panel		

Test Component	Reference Range	Units
Total Cholesterol	< 200	mg/dL
LDL (Optimal)	< 100	mg/dL
HDL (Male/Female)	> 40 / 50	mg/dL

Ranges may vary by laboratory equipment and methodology. Consult a healthcare professional for interpretation.