

THYROID LEVEL HISTORY

Endocrinology Lab Tracking

Patient Name: _____

Date of Birth: _____

Physician: _____

Diagnosis: _____

DATE	TSH (MIU/L)	FREE T4 (NG/DL)	FREE T3 (PG/ML)	MEDICATION / DOSAGE	SYMPTOMS / NOTES
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Standard Reference Ranges (Verify with your lab):

TSH: 0.4 - 4.0 mIU/L | Free T4: 0.8 - 1.8 ng/dL | Free T3: 2.3 - 4.2 pg/mL

Note: Targets may vary based on clinical history, pregnancy, or thyroid cancer suppression therapy.