

THYROID HORMONE PANEL

Integrative Medicine Template

Patient Name: _____

Date of Lab: _____

Provider: _____

Time of Draw: _____

MARKER	STANDARD RANGE	OPTIMAL RANGE (FUNCTIONAL)	PATIENT RESULT
TSH (Thyroid Stimulating Hormone)	0.45 - 4.5 mIU/L	1.0 - 2.0 mIU/L	
Free T4 (Thyroxine)	0.8 - 1.8 ng/dL	1.1 - 1.5 ng/dL	
Free T3 (Triiodothyronine)	2.3 - 4.2 pg/mL	3.2 - 4.0 pg/mL	
Reverse T3 (RT3)	9.2 - 24.1 ng/dL	< 15 ng/dL	
TPO Antibodies	0 - 34 IU/mL	< 2 IU/mL (Negative)	
Tg Antibodies	0 - 0.9 IU/mL	Negative	
T3 / RT3 Ratio	N/A	> 20 (Ratio)	

Clinical Notes & Observations:

**Optimal ranges represent functional medicine perspectives for wellness and may differ from laboratory reference ranges. This document is for educational purposes and should not be used for self-diagnosis.*