

Print Chart

THYROID HORMONE TREND TRACKER

Year: 2024

Patient Name: _____

Date of Birth: _____

Physician: _____

Target TSH Range: _____

MONTH	TSH (MIU/L)	FREE T4 (NG/DL)	FREE T3 (PG/ML)	CURRENT DOSAGE	SYMPTOMS / NOTES
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January

February

March

April

May

June

MONTH	TSH (MIU/L)	FREE T4 (NG/DL)	FREE T3 (PG/ML)	CURRENT DOSAGE	SYMPTOMS / NOTES
July					
August					
September					
October					
November					
December					

Clinical Observations & Adjustments:

This template is for personal tracking only. Always consult with a qualified healthcare provider regarding lab results and medication changes.