

# THYROID HORMONE TRACKER

TSH / T3 / T4 Monitoring

Patient Name:

Physician:

DATE	TSH (MIU/L)	FREE T4 (NG/DL)	FREE T3 (PG/ML)	DOSAGE	NOTES / SYMPTOMS
<i>Ref. Range</i>	<i>(e.g. 0.4 - 4.0)</i>	<i>(e.g. 0.8 - 1.8)</i>	<i>(e.g. 2.3 - 4.2)</i>	-	<i>Optimal range varies by patient</i>

DATE	TSH (MIU/L)	FREE T4 (NG/DL)	FREE T3 (PG/ML)	DOSAGE	NOTES / SYMPTOMS
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This document is for personal tracking only. Always consult with a medical professional regarding lab results and medication changes.