

THYROID RECOVERY HORMONE TRACKER

Post-Surgery Monitoring

Patient Name:

Surgery Date:

Target TSH Range:

Endocrinologist:

DATE	TSH	FREE T4	FREE T3	LEVOTHYROXINE DOSE	SYMPTOMS / NOTES
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A large, empty rectangular area with a light gray background, intended for recording patient data over time. It is positioned below the header row of the table.

DATE	TSH	FREE T4	FREE T3	LEVOTHYROXINE DOSE	SYMPTOMS / NOTES
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Recovery Observations & Questions for Provider

This chart is a personal tracking tool and does not replace professional medical advice.