

MY BRUSHING CHART

Name: _____ Month: _____

DAY	MORNING	EVENING	FLOSS
Monday	Brush	Brush	Floss
Tuesday	Brush	Brush	Floss
Wednesday	Brush	Brush	Floss
Thursday	Brush	Brush	Floss
Friday	Brush	Brush	Floss
Saturday	Brush	Brush	Floss
Sunday	Brush	Brush	Floss

Instructions:

1. Brush for 2 minutes.
2. Color in the circle when finished!

Weekly Goal Reward: