

# MY BRIGHT SMILE CHART

NAME: \_\_\_\_\_

WEEK OF:

DAY	MORNING	NIGHT
MONDAY		
TUESDAY		
WEDNESDAY		
THURSDAY		
FRIDAY		
SATURDAY		

	DAY	MORNING	NIGHT
SUNDAY			

☑ Brush for 2 Minutes  
? Don't Forget to Floss  
☑ Place a Sticker Each Time!