

# MY TOOTH BRUSHING CHART

NAME: \_\_\_\_\_ WEEK OF: \_\_\_\_\_

DAY OF THE WEEK	MORNING	NIGHT	FLOSS
Monday	☐	?	?
Tuesday	☐	?	?
Wednesday	☐	?	?
Thursday	☐	?	?
Friday	☐	?	?
Saturday	☐	?	?
Sunday	☐	?	?

WEEKLY GOAL REWARD: \_\_\_\_\_

Instructions: Color in or place a sticker in the circle each time you brush or floss!