

BEHAVIOR OBSERVATION TRACKING CHART

PATIENT / RESIDENT NAME

DATE

OBSERVER INITIALS

TIME	BEHAVIOR OBSERVED	POTENTIAL TRIGGER	INTERVENTION / RESPONSE	OUTCOME
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Common Behaviors:

Agitation, Wandering, Repetition, Sun-downing, Apathy, Aggression.

Potential Triggers:

Noise, Hunger, Pain, Fatigue, Over-stimulation, Change in Routine.

Interventions:

Redirection, Validation, Music, Quiet Time, Physical Comfort.

Intensity Scale:

1: Mild / Distractible

2: Moderate / Persistent

3: Severe / Acute Distress

Confidential Medical Record - For Clinical Use Only