

SYMPTOM MONITORING DAILY CHART

Date: _____

Patient Name: _____

Weight: _____

Sleep Hrs: _____

TIME	BP / HR	TEMP / O2	SYMPTOMS (PAIN/MOOD/FATIGUE)	MEDICATIONS / FOOD
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Morning

Mid-Day

Evening

Night

As Needed

Appetite: _____

Mobility: _____

Confusion: _____

Hydration: _____

Contact Physician Immediately if: Difficulty breathing, sudden confusion, or chest pain.