

BODY COMPOSITION ANALYSIS

Clinical Assessment Report

Ref ID: #882-001

CLIENT NAME John Doe
DATE October 24, 2023
ASSESSOR Dr. Aris Thorne
HEIGHT (CM) 182.0
AGE 34
GENDER Male

CORE METRIC	MEASURED VALUE	TARGET RANGE	STATUS
Total Body Weight	84.5 kg	72.0 - 88.0	Normal
Body Fat Percentage	16.4 %	12.0 - 20.0	Optimal
Skeletal Muscle Mass	42.1 kg	38.0 - 45.0	High
Visceral Fat Level	6	1 - 9	Healthy
Basal Metabolic Rate	1,940 kcal	--	--
Total Body Water	52.3 L	48.0 - 55.0	Hydrated

CLINICAL OBSERVATIONS & RECOMMENDATIONS
PHYSICIAN SIGNATURE
CLIENT SIGNATURE