

# LONGTERM FOOD STORAGE INVENTORY

LAST UPDATED: \_\_\_\_\_

ITEM DESCRIPTION	SHELF LIFE	QTY ON HAND	EXP. DATE	LOCATION / NOTES
<b>GRAINS &amp; PULSES</b>				
White Rice (Mylar/Sealed)	25-30 Yrs			
Hard Red Wheat Berries	30+ Yrs			
Rolled Oats	20-25 Yrs			
<b>PROTEINS &amp; BEANS</b>				
Black / Pinto Beans (Dry)	25-30 Yrs			
Freeze-Dried Meats	15-25 Yrs			
Canned Chicken/Tuna	2-5 Yrs			
<b>DAIRY &amp; BAKING</b>				
Powdered Milk	20 Yrs			

ITEM DESCRIPTION	SHELF LIFE	QTY ON HAND	EXP. DATE	LOCATION / NOTES
Iodized Salt	Indefinite			
White Sugar / Honey	Indefinite			
<b>MISCELLANEOUS</b>				
Cooking Oil (Sealed)	1-2 Yrs			
Multi-Vitamins	2 Yrs			

Store in a cool, dark, and dry environment. Rotate stock regularly using First-In, First-Out (FIFO) method.