

SCHOOL LUNCH VARIETY TRACKER

Student: _____ Week Of: _____

FOOD CATEGORY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Entree					
Vegetable Side					
Fruit Choice					
Whole Grain					
Healthy Fat/Dairy					
Enjoyment Level					

WEEKLY NOTES & NEW FOODS TRIED:

Focus: Color, Texture, and Balance Minimalist Planner Series