

SIBLING SUPPORT SYSTEM

Week of: _____

DAILY ACTS OF KINDNESS

Shared a toy or resource

Gave a genuine compliment

Helped without being asked

Used a "Respectful Voice"

CONFLICT RESOLUTION

Used "I feel" statements

Took a 5-minute cool down

Listened without interrupting

Offered a compromise

TEAMWORK TASKS

Cleaned a shared space

Set the table together

Completed a joint project

CONNECTION TIME

15 mins of focused play

Read a book together

Learned something new

WEEKLY GOAL & REFLECTION

Our goal this week:

One thing we appreciate about each other:

"Supporting each other is our greatest strength."