

# BEDTIME ROUTINE TRACKER

Weekly Consistency Goals

	<b>CHILD 1</b>	<b>CHILD 2</b>	<b>CHILD 3</b>
<b>ROUTINE TASK</b>	<b>MTWTFSS</b>	<b>MTWTFSS</b>	<b>MTWTFSS</b>
Pick up Toys			
Brush Teeth			
Pyjamas On			
In Bed on Time			

**WEEKLY REWARD GOAL**

**PARENT NOTES**