

PRACTICE & ARTISTRY LOG

Musician: _____

Week Beginning: _____

DAY

FOCUS (SCALES / PIECES / THEORY)

MINUTES REACHED

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

WEEKLY GOALS

- Master Metronome Tempo: _____
- Memorize Section: _____
- Dynamic Expression Polish

EARNED REWARDS

- 5 Days: New Sheet Music
- 7 Days: Performance Choice
- Bonus: Extra Listening Session

"Music is the movement of sound to reach the soul for the education of its virtue." - Plato