

VIOLIN PRACTICE JOURNAL

Refining Technique & Artistry

WEEK OF: _____

TOTAL HOURS: _____

WEEKLY FOCUS & REPERTOIRE

- Scales / Arpeggios: _____
- Etude / Technique: _____
- Solo Piece: _____
- Orchestra / Chamber: _____

PRACTICE TRACKER

MON

MINS

TUE

MINS

WED

MINS

THU

MINS

FRI

MINS

SAT

MINS

SUN

MINS

REFLECTIONS & BREAKTHROUGHS

"Practice only on the days you eat." - Shinichi Suzuki