

CONVERSATION STARTER PROGRESS

Weekly Interaction Tracker

Week Of: _____

Goal: _____ Interactions

DONE	STARTER TECHNIQUE	TARGET PERSON / SETTING	RESPONSE / OUTCOME
	Situational Observation		
	Genuine Compliment		
	The "Advice" Ask		
	Shared Experience		
	Mutual Connection		
	Open-Ended Question		
	Follow-up Question		

REFLECTION & NOTES