

RECESS SOCIAL SKILLS CHECKLIST

A guide for positive playground interaction

Joining In

- Wait for a pause in the game
- Ask: "Can I play too?"
- Accept the answer gracefully
- Follow the existing rules

Fair Play

- Take turns and wait patiently
- Use "Rock, Paper, Scissors" for disputes
- Encourage others' success
- Be a humble winner / good loser

Communication

- Use a friendly "outdoor" voice
- Listen when others speak
- Use "I feel" statements for problems
- Give high-fives or compliments

Problem Solving

- Take a deep breath if frustrated
- Walk away from unkind behavior
- Ask a teacher if help is needed
- Offer an apology if you make a mistake

Remember: Everyone is here to have fun and stay safe.