

MY BRUSHING JOURNEY

Name: _____ Week of: _____

DAY	MORNING	EVENING
Monday	Brush & Floss	Brush & Floss
Tuesday	Brush & Floss	Brush & Floss
Wednesday	Brush & Floss	Brush & Floss
Thursday	Brush & Floss	Brush & Floss
Friday	Brush & Floss	Brush & Floss
Saturday	Brush & Floss	Brush & Floss
Sunday	Brush & Floss	Brush & Floss

Weekly Goal Reward:
Complete all boxes to earn: _____

Healthy teeth, happy smile! Remember to brush for 2 minutes.