

# SPARKLE & SHINE

Monthly Tooth Brushing Challenge

**Name:**

**Month:**

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2   | 3   | 4   | 5   | 6   | 7   |
| 8   | 9   | 10  | 11  | 12  | 13  | 14  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |

## Monthly Goals

7 Days: Extra Bedtime Story

14 Days: Pick the Movie for Movie Night

Full Month: Special Toy or Activity!

Color in the morning and evening circles every time you brush!