

MY BRIGHT SMILE CHART

Brush for 2 minutes, twice a day, to earn your reward!

DAY	MORNING	NIGHT	FLOSS
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			

My Weekly Goal Reward:

Pediatric Dentist Recommended: Change your toothbrush every 3 months.
Place a sticker in the circle for every completed task!