

My Kindness Journey

Small acts of love change the world

â€”

Made someone smile

?

Shared a favorite toy

?

Watered the plants

?i, □

Helped set the table

â€™i, □

Gave a sincere compliment

â™›i, □

Picked up litter

?

Put toys away tidy

?

Sent a thank you note

?

Said hello to someone new

?

Was gentle with an animal

?

Helped without being asked

?

Drew a picture for a friend

My Weekly Goal: _____ **Acts**

Name: _____