

KINDNESS TRACKER

NAME:

MONTH:

ACT OF KINDNESS	DONE	POINTS
Shared a toy or material without being asked		5
Gave a sincere compliment to a peer		5
Helped clean up a mess I didn't make		10
Held the door open for someone		5
Used "Please" and "Thank You" all day		10
Included someone new in a game or conversation		15
Wrote a "Thank You" note to a teacher or parent		15
"No act of kindness, no matter how small, is ever wasted."		