

# SUSTAINABLE LIVING REWARDS

Family Eco-Action Tracking Chart

Family Member: \_\_\_\_\_ Week Of: \_\_\_\_\_

Action Item	Points	M	T	W	T	F	S	S
Turned off lights when leaving room	5							
Zero-waste lunch (no disposables)	10							
Used reusable water bottle all day	5							
Sorted recycling/compost correctly	10							
Short shower (under 5 minutes)	15							

## Weekly Goal & Reward

Total Points Target: \_\_\_\_\_

Reward: \_\_\_\_\_

Every small action counts toward a healthier planet.