

KARATE GOAL SETTING

"Character, Sincerity, Effort, Etiquette, Self-Control"

STUDENT NAME:

CURRENT RANK:

DOJO:

TARGET DATE FOR BLACK BELT:

White

Yellow

Orange

Green

Blue

Brown

Black

"The ultimate aim of Karate lies not in victory or defeat, but in the perfection of the character of its participants." - Gichin Funakoshi