

KARATE BELT LEVEL CHART

Official Ranking & Progression Guide

BELT RANK	LEVEL	TECHNICAL FOCUS
White	<i>10th Kyu</i>	Foundation, Stances, Etiquette
Yellow	<i>9th - 8th Kyu</i>	Basic Blocks & Counter-strikes
Orange	<i>7th Kyu</i>	Weight Distribution & Movement
Green	<i>6th - 5th Kyu</i>	Breathing Control & Intermediate Kata
Blue	<i>4th Kyu</i>	Adaptability & Sparring Fluidity
Purple	<i>3rd Kyu</i>	Advanced Combinations
Brown	<i>2nd - 1st Kyu</i>	Power, Precision, & Teaching Basics
Black	<i>1st - 10th Dan</i>	Mastery, Philosophy, & Lifelong Study