

# BREAKFAST COOKING SKILLS

CHEF: \_\_\_\_\_ LEVEL: BEGINNER

**SKILL / TECHNIQUE**

**PRACTICE ROUNDS**

**MASTERY DATE**

**Egg Cracking** No shells in the bowl

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**Perfect Toasting** Golden brown,  
buttered to edges

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**Scrambled Eggs** Fluffy texture,  
controlled heat

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**Pancake Flipping** Wait for  
bubbles, clean flip

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**Kitchen Safety** Proper tool use &  
cleanup

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## ? Achievement Milestone

Upon completing all practice rounds, the chef is awarded:

NOTES & OBSERVATIONS: