

WEEKLY GROCERY REWARDS

Healthy Habits & Budget Tracking

Week Of: _____

Budget Goal: \$ _____

DONE	SHOPPING GOAL / TASK	TARGET	POINTS
	Stayed under weekly budget	\$ _____	10
	Meal plan followed (No extra trips)	7 Days	5
	Purchased 5+ types of vegetables	Variety	5
	Used reusable shopping bags	All bags	2
	No "Impulse Buys" at checkout	100%	8
	Price matched or used coupons	Min. 3	5

Notes / Observations:

TOTAL POINTS REWARD

Redeemable for treat/activity

Daily Shopping Log © 2024 Template