

# LAUNDRY FOLDING TRACKER

Folding Mastery & Organization Checklist

NAME:

DATE:

LOAD ID:

CATEGORY	SPECIFIC ITEM	TECHNIQUE	DONE
	T-Shirts	Rectangular fold or KonMari roll	
<b>Tops</b>	Long Sleeves	Sleeve-in fold, tuck at hem	
	Hoodies	Body fold, hood tuck finish	
	Pants / Jeans	Inseam align, thirds fold	
<b>Bottoms</b>	Shorts	Side-to-side, vertical half	
	Fitted Sheets	Corner-to-corner nesting	
<b>Linens</b>	Pillowcases	Standard flat rectangle	

CATEGORY	SPECIFIC ITEM	TECHNIQUE	DONE
	Bath Towels	Trifold length, half width	
	Socks	Paired flat or folded cuff	
<b>Smalls</b>			
	Undergarments	Compact square method	

**NOTES / IRONING REQUIRED:**  
 Laundry Efficiency Protocol Printable Template v1.0