

LAUNDRY HERO

One fold at a time, one load at a day.

NAME

GOAL (LOADS)

Done	Date	Achievement / Notes
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		Start Small: 1st Load Complete
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		Consistency: 2nd Load Complete
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		Milestone: 3 Loads Folded <i>Small Treat</i>
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		Momentum: 4th Load Complete
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		Determination: 5th Load Complete
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		Major Milestone: 6 Loads <i>Movie Night Choice</i>
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		Dedication: 7th Load Complete
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Done

Date

Achievement / Notes

Ultimate Goal: Laundry Basket Zero *Special Reward*

"Clean clothes, clear mind."