

# MEALTIME BEHAVIOR CHART

NAME:

WEEK OF:

DAY	BREAKFAST	LUNCH	DINNER	TOTAL STARS
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

## DAILY GOALS

- Stayed in seat during meal
- Used polite "Please" and "Thank you"
- Tried at least one bite of everything
- Cleared plate after eating

## WEEKLY REWARD

Required Stars: \_\_\_\_\_