

SCREEN TIME REWARDS

Complete your tasks to earn tech time!

GOOD BEHAVIOR / TASK	EARNED TIME	TRACKER
Picked up toys without being asked		
Used "Please" and "Thank You" all morning		
Finished healthy breakfast/lunch		
Listened the first time		
Quiet time / Reading for 20 minutes		
Helped with a household chore		

Name: _____ Total Earned: _____