

NURSERY PLANNING GUIDE

A Week-by-Week Preparation Checklist

TIMELINE	PLANNING & ACTION ITEMS	DONE
Week 14-16	Trimester 2 Start a Pinterest board for themes and color palettes. Measure the room dimensions and note window/outlet locations.	
Week 17-20	Research and order large furniture (Crib, Glider, Dresser). Note: Shipping can take 8-12 weeks.	
Week 21-24	Clear out the room. Patch holes and paint walls or apply wallpaper. Ensure proper ventilation.	
Week 25-28	Finalize lighting (blackout curtains and a dimmable nightlight). Select a rug and soft textiles.	
Week 29-32	Trimester 3 Assemble furniture. Organize the changing station with diapers, wipes, and creams.	
Week 33-35	Wash all baby clothes, sheets, and blankets using sensitive detergent. Organize drawers by size.	

TIMELINE**PLANNING & ACTION ITEMS****DONE****Week 36-38**

Install the baby monitor. Sanitize toys and pacifiers. Pack the diaper bag and set up a nursing/feeding station.

Week 39+

Final safety sweep: Secure furniture to walls. Ensure no loose items are in the crib. Relax.