

# ANCIENT OLYMPIC GAMES

Chronological History & Milestone Chart

Location: Olympia, Greece Cycle: Every 4 Years (Olympiad) Honoring: Zeus

PERIOD	MILESTONE / EVENT	HISTORICAL SIGNIFICANCE
	The First Olympiad	Koroibos of Elis wins the stade race (sprint). The first recorded historical date in Greek history.
	Expansion of Events	Introduction of the <i>diaulos</i> (double-stade race). Multi-day programming begins.
	The Pentathlon	Wrestling and the Pentathlon (discus, javelin, jump, running, wrestling) are formally added.
	Combat Sports	Boxing (Pygmachia) is introduced. Competitors wore leather thongs (himantes) on their hands.
	Pankration	Introduction of the "all-force" combat event, combining wrestling and boxing with few restrictions.

PERIOD	MILESTONE / EVENT	HISTORICAL SIGNIFICANCE
	The Golden Age	Construction of the Great Temple of Zeus completed; Phidias creates the Statue of Zeus (Seven Wonders).
	Roman Influence	Greece falls under Roman rule. Games continue but start losing traditional religious purity.
	The Abolition	Emperor Theodosius I bans pagan festivals, effectively ending the original Olympic cycle.

Educational Resource Template ~~â€œ~~ Non-Submitable Reference Only