

SENSORY NERVE DISTRIBUTION MAP

Clinical Reference Guide: Dermatomes & Peripheral Nerves

Cervical & Thoracic

Level	Anatomical Landmark
C2-C3	Occiput & Upper Neck
C5	Lateral Arm (Deltoid)
C6	Thumb & Radial Forearm
C8	Little Finger & Ulnar Hand
T4	Nipple Line
T10	Umbilicus (Navel)

Lumbar & Sacral

Level	Anatomical Landmark
L1	Inguinal Ligament
L4	Medial Malleolus
L5	Dorsum of Foot / Great Toe
S1	Lateral Heel / Small Toe

Level	Anatomical Landmark
S3-S5	Perianal Region

Visual Distribution Map

[Anterior / Posterior Dermatome Illustration]

Peripheral Nerve Key

Median: Palmar thumb, index, middle fingers.

Ulnar: Medial hand, 5th digit.

Radial: Dorsal web space of thumb.

Sciatic: Posterior thigh and lower leg.

This guide is for educational reference only. Clinical findings should be correlated with neurological examinations.