

ESSENTIAL LIFE NEEDS HIERARCHY

LEVEL 5: FULFILLMENT

Personal Growth Creative Expression Purpose Contribution

LEVEL 4: ESTEEM

Self-Respect Confidence Achievement Recognition

LEVEL 3: CONNECTION

Family Friendship Intimacy Sense of Belonging

LEVEL 2: SECURITY

Physical Safety Financial Stability Health Employment

LEVEL 1: PHYSIOLOGICAL

Air & Water Nutritious Food Sleep Shelter & Clothing