

POSTERIOR MUSCULAR SYSTEM

Anatomical Reference Guide – Dorsal View

- **Trapezius** Upper, middle, and lower fibers
- **Deltoid** Posterior head
- **Triceps Brachii** Long and lateral heads
- **Latissimus Dorsi** Broadest muscle of the back
- **External Oblique** Lateral abdominal wall
- **Gluteus Medius** Superior-lateral hip
- **Adductor Magnus** Medial thigh compartment

POSTERIOR VIEW

- **Infraspinatus** Rotator cuff group
- **Teres Major** Lower scapular border
- **Erector Spinae** Spinalis, Longissimus, Iliocostalis
- **Gluteus Maximus** Primary hip extensor
- **Hamstrings** Biceps femoris, Semitendinosus
- **Gastrocnemius** Medial and lateral heads
- **Soleus** Deep to gastrocnemius

Standard Medical Education Template – Professional Reference Only – Not for Clinical
Diagnosis