

POSTERIOR SKELETAL MUSCLE SYSTEM

Anatomical Reference Chart

[Posterior View Anatomical Illustration]

Note: This chart covers the superficial muscular layer of the dorsal aspect.

MUSCLE NAME	PRIMARY ACTION
Head & Neck	
Occipitalis	Pulls scalp posteriorly
Splenius Capitis	Extends/rotates head
Torso (Back)	
Trapezius	Scapular elevation/rotation
Latissimus Dorsi	Arm adduction/extension
Infraspinatus	Lateral rotation of arm
Erector Spinae	Spinal extension
Upper Limbs	
Triceps Brachii	Forearm extension
Posterior Deltoid	Arm hyperextension
Lower Limbs	
Gluteus Maximus	Hip extension
Biceps Femoris	Knee flexion
Gastrocnemius	Plantar flexion
Soleus	Plantar flexion

Template Reference: POST-MUSC-001 | Educational Purpose Only