

LYMPHATIC SYSTEM NODES

Nursing Reference & Assessment Guide

Date: _____ Patient ID: _____

Nodal Group	Location	Drainage Area	Clinical Findings
Head/Neck Submandibular	Along the jawline	Tongue, submaxillary gland, lips, mouth floor	
Head/Neck Cervical	Along sternocleidomastoid	Scalp, face, pharynx, thyroid	
Torso Axillary	Underarm / Armpit	Upper arm, breast, thoracic wall	
Torso Supraclavicular	Above the clavicle	Mediastinum, lungs, abdomen (Virchow's)	
Lower Extremity Inguinal	Groin / Crease of hip	Lower limbs, external genitalia, lower abdominal wall	
Lower Extremity Popliteal	Behind the knee	Lower leg, foot (lateral aspect)	

Normal findings: Small (< 1cm), mobile, non-tender. Abnormal findings: Fixed, hard, enlarged, or painful.