

POSTERIOR VIEW HUMAN SPINE

Anatomical Reference Chart

Cervical (C1-C7)

Neck region. Supports the skull and allows head rotation.

Lumbar (L1-L5)

Lower back. Supports the majority of body weight.

Thoracic (T1-T12)

Mid-back. Attachment point for the rib cage.

Sacrum & Coccyx

Fused vertebrae connecting the spine to the pelvis.

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