

HUMAN PELVIC FLOOR ANATOMY

Structural Reference Chart / Inferior View

[ILLUSTRATION AREA: SUPERFICIAL & DEEP MUSCLE LAYERS]

1. LEVATOR ANI GROUP

- **Puborectalis:** U-shaped muscle maintaining anorectal angle.
- **Pubococcygeus:** Main component supporting pelvic viscera.
- **Iliococcygeus:** Thin muscular sheet forming the posterior part.

2. COCCYGEUS MUSCLE

- Located posterior to Levator Ani.
- Supports the coccyx and pulls it forward.

3. UROGENITAL TRIANGLE

- **Ischiocavernosus:** Aids in erectile function.
- **Bulbospongiosus:** Surrounds the vaginal/urethral openings.
- **Superficial Transverse Perineal:** Stabilizes the central tendon.

4. BONY LANDMARKS

- Pubic Symphysis (Anterior)
- Ischial Tuberosities (Lateral)
- Coccyx (Posterior)

Note: This chart is for educational purposes only. Structural terminology follows standard anatomical nomenclature.