

ADVANCED HAND BONE ANATOMY

CARPAL BONES (PROXIMAL)

- Scaphoid (*Os scaphoideum*)
 - Lunate (*Os lunatum*)
 - Triquetrum (*Os triquetrum*)
 - Pisiform (*Os pisiforme*)
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CARPAL BONES (DISTAL)

- Trapezium (*Os trapezium*)
 - Trapezoid (*Os trapezoideum*)
 - Capitate (*Os capitatum*)
 - Hamate (*Os hamatum*)
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METACARPALS

- Metacarpals I - V (*Ossa metacarpi*)
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PHALANGES

- Proximal Phalanges (5)
 - Intermediate Phalanges (4)
 - Distal Phalanges (5)
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Reference Chart: Skeletal System - Upper Extremity - Clinical Documentation Template