

# CARPAL BONE ANATOMY

Reference Chart: Right Hand (Palmar View)

[ Anatomical Illustration Placement ]

## Proximal Row

- Scaphoid (Lateral to Medial)
  - Lunate
  - Triquetrum
  - Pisiform
- 

## Distal Row

- Trapezium (Lateral to Medial)
  - Trapezoid
  - Capitate
  - Hamate
- 

***Mnemonic: "Some Lovers Try Positions That They Can't Handle"***

Template for Educational Purposes Only