

HUMAN HAND ANATOMY

Skeletal Structure Reference Chart

PHALANGES

- Distal Phalanges (5)
- Intermediate Phalanges (4)
- Proximal Phalanges (5)

METACARPALS

- Metacarpals I - V (5)

CARPAL BONES (WRIST)

- Trapezium
- Trapezoid
- Capitate
- Hamate
- Scaphoid
- Lunate
- Triquetrum
- Pisiform