

ANATOMY OF THE HUMAN HAND

Anterior (Palmar) View

[PROFESSIONAL ANATOMICAL ILLUSTRATION PLACEHOLDER]

Carpal Bones (Wrist)

- 1 Scaphoid
 - 2 Lunate
 - 3 Triquetrum
 - 4 Pisiform
 - 5 Trapezium
 - 6 Trapezoid
 - 7 Capitate
 - 8 Hamate
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Metacarpals (Palm)

- 9 1st Metacarpal
 - 10 2nd Metacarpal
 - 11 3rd Metacarpal
 - 12 4th Metacarpal
 - 13 5th Metacarpal
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Phalanges (Fingers)

- 14 Proximal Phalanges
 - 15 Intermediate Phalanges
 - 16 Distal Phalanges
 - 17 Sesamoid Bones
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Professional Skeletal Reference Chart – Clinical Educational Template – Not for Diagnostic Use