

ANATOMY CHART: KNEE LIGAMENTS

Clinical Reference Template | Right Knee - Anterior View

[*Anatomical Illustration Placement*]

Primary Ligaments

ACL Anterior Cruciate Ligament

Prevents anterior translation of the tibia.

PCL Posterior Cruciate Ligament

Prevents posterior translation of the tibia.

MCL Medial Collateral Ligament

Resists valgus stress (inner stability).

LCL Lateral Collateral Ligament

Resists varus stress (outer stability).

Associated Structures

MM Medial Meniscus

LM Lateral Meniscus

PT Patellar Tendon

CLINICAL FINDINGS / NOTES:

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