

KNEE LIGAMENT ASSESSMENT

Physical Therapy Chart v2.0

Patient Name:

Date:

Referral MD:

Affected Side: L / R

LIGAMENT STRUCTURE	INJURY GRADE	STABILITY / SPECIAL TEST RESULTS
ACL Anterior Cruciate	I	Lachman:
	II	Anterior Drawer:
	III	
PCL Posterior Cruciate	I	Posterior Sag Sign:
	II	Posterior Drawer:
	III	
MCL Medial Collateral	I	Valgus Stress (0/30):
	II	
	III	
LCL Lateral Collateral	I	Varus Stress (0/30):
	II	
	III	

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